

# SXL GYMNASTICS



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## Holiday Camp Information

We are excited to welcome your child to the SXL Gymnastics Holiday Camp! Our camps are designed to keep kids active, engaged, and having fun in a safe and supportive environment. Whether they're learning new skills or making new friends, we can't wait to see them shine.

### What to Bring

- Comfortable activewear e.g. t-shirt & shorts.
- Packed food and drinks for morning tea, lunch, and afternoon tea.
- A labeled water bottle.
- A positive attitude and lots of energy.

### Break Times for Campers

Full-day campers will have three scheduled breaks throughout the day:

1. Morning Tea
2. Lunch
3. Afternoon Tea

Half-day campers will have either a morning or afternoon tea break depending on their session time.


### Please Note:

- Campers must pack their own food and drinks for the day, similar to school.
- There is a no sharing policy for food and drinks to accommodate allergies and dietary restrictions.
- Canteen Available: We have a canteen that offers a variety of small snacks (e.g. snack sized chips & chocolates). Most children bring \$2.50 to purchase up to 3 snacks during one of their breaks.
- Water bottles are essential and should be labelled with your child's name.

If you have any questions or need further information, please don't hesitate to reach out.

We can't wait to see your child at SXL Gymnastics Holiday Camp!

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 02 9417 4474

 [info@sxlnet.au](mailto:info@sxlnet.au)

 Unit 2/72-74 Lower Gibbes Street

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